

ABBREVIATIONS

A1C	HbA1c
AG	After 75 g Glucose
BG	Blood Glucose
BMI	Body Mass Index
BOH	Bad Obstetrics History
CVD	Cardiovascular Disease
DM	Diabetes Mellitus
FBG	Fasting Blood Glucose
GCT	Glucose Challenge Test
GDM	Gestational Diabetes Mellitus
HDL	High Density lipoprotein
HR	High Risk
HTN	Hypertension
IDF	International Diabetes Federation
IFG	Impaired Fasting Glucose
IGT	Impaired Glucose tolerance
kg	Kilogram
lb	Pound
LGA	Large for Gestational Age
LSCS	Lower Segment Caesarian Section
MNT	Medical Nutrition Therapy
NHR	Not High Risk
NPT	Non-Pharmacological Treatment
OGTT	Oral Glucose tolerance Test
PCOS	Polycystic Ovarian Syndrome
PT	Pharmacological Treatment
PPG	Post Prandial glucose
R	Recommendation
RBS	Random Blood Glucose
SAFES	South Asian Federation of Endocrine Societies
SMBG	Self-Monitoring of Blood Glucose
SEA	South East Asia
T1DM	Type 1 Diabetes Mellitus
T2DM	Type 2 Diabetes Mellitus
TG	Triglyceride
U	Unit
WHO	World Health Organisation