

ACTION D: POST DELIVERY CARE (POPULATION A1 AND BABY)

Post delivery service for GDM mothers and their children consist of follow-up of women as per their OGTT and follow-up of their babies.

A. Test with OGTT For All GDM

1. **Abnormal OGTT:** Those found to have abnormal/Diagnostic test result should undergo "Diabetes Care Service" (Population A3, IGT/IFG/DM).

2. **Normal OGTT:** Those found to have normal test result will undergo "Awareness and Primary Prevention Programme" (Population A4).

B. Registration & Test for Baby of All GDM mother: Birth weight + hypoglycemia.

ACTION (population A1)	Result (Populations)	Next ACTION
ACTION D 1 Glycemic status of GDM mothers by OGTT* (Recommendation 10)	<ul style="list-style-type: none"> ◆ Abnormal OGTT: Population A3 (IGT/IFG/DM) and ◆ Normal OGTT: Population A4 	<ul style="list-style-type: none"> (a). For population A3 Referral for diabetic care services. (b). For population A4 Registration for follow up service. (c). Forthe baby of GDM mothers. Registration for follow up service. (Recommendation 11)

*OGTT with 75 gm glucose, 2 sample in 2 hours and interpretation as per WHO Recommendation 5.1.