

SAMPLING 1124 HOUR URINE SPECIMENS

Pages with reference to book, From 239 To 239

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PROCEDURE:

Day 1: Patient voids and discards first morning urine. Thereafter all urine is collected in an appropriate bottle till Day 2.

Day 2: Patient voids and collects first morning urine in bottle.

During collection period the bottle is kept in a cool dark place. The patient is properly hydrated during this period with 8 to 10 medium glasses of water or equivalent. Patient is advised to refrain from foods and medicines which may affect the test.

24 Hrs Urinary Metabolite Estimations.

Substance	Collection Preservative	Precautions during collection
Proteins	Thymol Crystals 1 Gram	None
Calcium	Concentrated Hcl 10 MI	None
Creatinine	Nil	None
Urea	Thymol Crystals 1 Gram	None
Sodium	Nil	Drugs & supplements
Potassium	Nil	Drugs supplements
Uric Acid	Nil	None
Heg	Thymol Crystals 1 Gram	Nil
VMA	20% Sulphuric acid 20ml	Ice Cream, Coffee, Banana, Drugs
17. Keto-steroids	Concentrated Hcl 10 MI	Drugs
17. Corticosteroids	Concentrated Hcl 10 MI	Drugs
Amylase	Nil	None