Immediate Haemorrhoidectomy for Thrombosed Fourth Degree Haemorrhoids

Madam, We read with interest a short report published in your November issue titled "Immediate Haemorrhoidectomy for Thrombosed Fourth Degree Haemorrhoids". The Author has compared the results of immediate haemorrhoidectomy and conservative treatment. Unfortunately, he did not mention the treatment that we have found simple and effective in thrombosed, prolapsed haemorrhoids. Head and Gudgeon reported instant pain relief if only one of the strangulated haemorrhoids was excised. We have seen in our practice that in majority of cases, only one of the prolapsed haemorrhoid gets thrombosed. Excision of that haemorrhoid is simple and safe. In selective cases, we have done this under local anaesthetic. One does not have to worry about mucocutaneous bridges and anal stenosis does not thrombosed haemorrhoids, internal sphincterotomy and anal dilatation have been described, but we have not practised these options in prolapsed, thrombosed haemorrhoids.

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References

Reply

Madam, The aim of the paper was to emphasize the safety of immediate haemorrhoidectomy and its advantages over conservative treatment in patients with thrombosed fourth degree haemorrhoid. Other procedures like simple incision of thrombosed haemorrhoid, internal sphincterotomy and anal dilatation were not considered in the study. Excision of only one of the prolapsed haemorrhoid is indeed simple and safe but it means that the patient may need surgery later on for the then Various other procedures like simple incision of uncomplicated haemorrhoids. I strongly feel that if it is better to carry out the standard haemorrhoidectomy on all the prolapsed haemorrhoids (thrombosed or not) so as to solve the patients perianal problems once and for all and this is what! compared with conservative management in my study.

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